



# MENU

A L A - C A R T E

## IN THE VERY BEGINNING

- FRENCH FRIES CHEESY / PLAIN **D250**

*(Melted cheese, paprika and spring onions on hot fries)*

- ITALIAN FRITTO MISTO **D500**

*(Crispy fried prawns, fish, calamari, onion rings, carrot and cauliflower served with smokey garlic sauce)*

- CHICKEN NUGGETS **D600**

*(Crumbed boneless chicken with a burst of cheese served with sweet chilly sauce)*

- VEGETABLE SPRING ROLLS **D400**

*(Puffy pastry stuffed with vegetables served with sweet chilli sauce.)*



- FLUFFY FRIED KING PRAWNS **D650**

*(Prawns coated in bread crumbs served with tartar sauce)*

- BREADED CALAMARI **D450**

*(Bread crumb calamari served with tartar sauce)*





TAMALA

# MENU



OPENING  
HOURS

11:00 AM  
23:30 PM

A L A - C A R T E

## THEN CAME THE SOUP



- FRESH TOMATO BASIL SOUP **D300**

*(A well flavoured soup served with garlic croutons)*

- ASIAN VEGETABLE/  
CHICKEN SOUP **D300/  
D350**

*(Noodles, juliene vegetable, spring onion and lemon grass to flavor)*

- GAMBIAN BEEF SOUP **D350**

*(Beef broth with vegetable, potato and a hint of rice)*



## SALADS



- WALK THROUGH THE **D300**  
GARDEN SALADS

*(Assorted of vegetable toast in a vinaigrette dressing)*

- RIVER SIDE SALAD **D600**

*(Tempered prawns, calamari and Fish dropped over dressed salad)*

- TAMALA SALAD **D500**

*(Chicken, banana, sweetcorn toss in basil garlic dressing on bed of lettuce)*

- CLASSIC CEASER SALAD **D500**  
WITH CHICKEN

- ARABIAN FLAVOUR **D400**

*(Hommus, fattoush and crispy bread)*





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## BURGERS AND PIZZAS



- **JUMBO BEEF/CHICKEN BURGER D750**  
(Topped with caramelized onion, cheese, fried egg, coleslaw, lettuce, tomato, pickles and crispy fries)
- **LESS CALORIES BURGER D600**  
(A pure vegetable burger with coleslaw and fries)
- **MARGHERITA PIZZA D450**  
(Diced tomato and mozzarella Cheese topped with oregano)
- **FOUR CHEESE PIZZA D500**  
(Four type of cheese with special temped cheese sauce and oregano)
- **VEGORAMA D550**  
(Mushrooms, diced tomato, Capsicum, pickle cucumber, onion, olives and oregano)
- **CHICKEN TIKKA PIZZA D550**  
(Seasonal Chicken, Capsicum, tomato, Onion all on tikka-based sauce sprinkled with chili flakes and spring onion)
- **LOADED SUPREME D650**  
(Grounded Beef Mortadella, Mushroom, sausages, pineapple topped with tobasco and spring onion and oregano)
- **MAMA MIA PIZZA D650**  
(Minced meat, onion, garlic, oregano tomato sauce & mozzarella cheese)
- **GARLIC PRAWNS D700**  
(Juicy prawns, fresh basil, diced tomato, garlic sauce and oregano)
- **TAMALA PIZZA D800**  
(Ribeye Steak, corned in garlic and black paper Marinate. cherry tomato, capsicum, feta cheese and topped with fried egg)
- **FROM THE SEA D750**  
(Prawns, calamari, tuna with olives, onion, tomato and oregano)





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ALA-CARTE



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NOW WE LAND INTO MAIN-LAND



- **ROASTED CHICKEN & CHIPS D650**  
*(Half Chicken served with brown gravy, with vegetables & chips)*
- **JAMAICAN JERK CHICKEN (SPICY) D750**  
*(Grilled chicken marinated in jamaican mix spice, served with vegetable sauce and finishing by pepper corn sauce, croquette and chips)*
- **CHICKEN TIKKA MASALA D750**  
*(Well marinated boneless chicken served with saffron rice)*
- **GRILLED CHICKEN STEAK D750**  
*(Grill Chicken breast served with grilled vegetable, croquette potato with mustard jus sauce)*
- **RIB-EYE STEAK WITH PEPPER SAUCE D1100**  
*(A soft tender rib-eye with bursting flavours of our cuisines, special touch. served on bed of rice and chargrilled aubergines)*
- **LAMB CASSEROLE D999**  
*(Stewed lamb, carrot, potatoes, lemon grass served with saffron rice)*
- **HAKKA NOODLES D650**  
*Vegetables or Chicken or Beef or prawns)*
- **ROYAL BEEF FILET D750**  
*(Grilled filet of beef to your liking on a bed of mashi peas with creamy mushroom garlic & herbs sauce served with vegetables & onion rings.)*

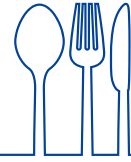




TAMALA

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ALA - CARTE



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23:30 PM



## THROUGH THE FRESH CATCH OF THE SEA

- **EXCITING FISH AND CHIPS D700**  
(Deep fried fish filet served on hot dressed chip with coleslaw and tarter sauce dip)



- **PAN SEARED FISH D700**  
Fish filet with lemon butter garlic sauce and served with sauté carrot, potatoes and herb rice)

- **CRISPY BARRACUDA “5” HERBS D800**  
(Baked barracuda steak marinated in five herb crown, served with butter lemon sauce and topped with sweet corn fritters)

- **PRAWNS TIKKA MASALA D900**  
(Prawns cooked with tikka masala sauce, served with saffron rice and vegetables)

- **SEAFOOD BURST D900**  
(Grilled prawns, crispy calamari, grilled fish served with garlic bread and spicy sauce)

- **SEAFOOD BUCKET**  
(Shrimps, gambas, lobster, tender squid, crisp fish, and juicy crab)  
(Choice of sauces, gambian spice sauce or indian cilantro sauce or continental spice)



2 People **D4500**

4 People **D7500**





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## MAMA MIA PASTA CALORIE

- SPAGHETTI CHICKEN **D650**  
CARBONARA  
*(Creamy spaghetti with diced chicken and italian herb flavouring)*
- TAMALA SHRIMPS ALFREDO **D750**  
*(Shrimps cooked in creamy cheese sauce, blended with tagliatelle)*
- BEEF LASAGNA **D650**
- VEGETABLE LASAGNA **D500**  
*(Layered pasta baked with Italian flavors and topped with cheese)*
- PENNE PRIMAVERA **D550**  
*(Flavored and cooked along with fresh vegetable)*
- PENNE ARABIATTA **D550**  
*(Cooked with herbs and light tomato garlic sauce)*



## GAMBIA AT ITS BEST

- SEAFOOD BENACHIN **D700**  
*(Made with long grain rice, tomatoes, onions, spices, vegetable and sea food in a single pot)*
- BEEF OR CHICKEN **D600**  
DOMODA  
*(Delicious tender chicken or fish and lots of caramelized onion in sweet spice lemony sauce served with rice)*
- CHICKEN OR FISH YASSA **D600**  
*(Delicious tender chicken or fish and lots of caramelized onion in sweet spice lemony sauce served with rice)*





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## DESSERTS

- ICE CREAM OF YOUR CHOICE **D300**



- VIEW YOUR PASTRY TROLLEY **D500**



- FRUIT PLATTER **D400**

